



PRODUCT DETAILS

DESCRIPTION

- A transportable cable system designed to increase functional strength that ensures fluid cable travel and provides unlimited range of motion.

SPECIFICATIONS

- Dimensions: 22in x 22in x 5.5in
- Weight: 50 lbs. (55lbs. fully assembled)
- Included Accessories: 1 rope, 2 ankle straps, 2 handles, and 1 mid bar.
- 16-week programming , exercise chart & 21-Day Challenge

FEATURES

- Compact & Transportable can be placed in any workout setting
- 76" of cable travel
- Variety of accessories included
- Independent pulley systems
- Variable resistance settings
- Low maintenance

